

## Nebulizer solutions :—

- R. Beechwood Creosote, ʒi. ; Albolene, q. s.  
ad. .... ʒii.
- R. Alcohol, 75 per cent. ; Albolene.....25 per cent.

## For cases of hæmoptysis :—

- |                          |      |
|--------------------------|------|
| R. Tr. Myrrh Co. ....    | ʒi.  |
| Fl. Ext. Hydrastis ..... | ʒss. |
| Tr. Benzoin .....        | ʒss. |
| Tr. Styraç .....         | ʒss. |
| Glycerin, q. s. ad.....  | ʒiv. |

Cough is best controlled by one of two drugs, heroin or codein; morphin should always be avoided. Codein is given in doses of  $\frac{1}{4}$  of a grain every three hours during the day and at bedtime, if necessary; heroin, given in doses of 1-12 grain, generally accomplishes the same purpose aimed at in the administration of codein. However, it must be stated that heroin acts favourably only in about 50 per cent. of cases. There are various other drugs, none of which deserve serious consideration, as they are usually advertised by agents commercially interested in their purchase.

One complication requiring special attention in the treatment of pulmonary tuberculosis is that of more or less chronic gastritis, and often dilation of the stomach. These conditions are often due to the improper administration of creosote and its derivatives. In such instances, all medicines should be discontinued and a careful analysis of the contents of the stomach should be made after a test breakfast. Where hypochlorhydria exists, this should be corrected. In the majority of instances, however, the most desirable method of treatment is stomach lavage about three times a week, and, in cases where dilatation exists, this should be followed by Einhorn's electrode.

Where anæmia exists in incipient cases, it should be corrected. High altitude, good diet and outdoor life would remedy this condition to a certain extent, but the administration of iron and arsenic, combined with static electricity, will cause this improvement to take place much more certainly and rapidly.

Static electricity seems well adapted to those cases of tuberculosis manifesting neurotic as well as anæmic conditions. Ten patients should be treated at one time, and detained one hour each day in a room heavily charged with ozone. For ten minutes each patient should be placed on an insulated platform and charged with negative electricity.

Hydrotherapy is also a very powerful factor in placing the victim of incipient tuberculosis in a condition to overcome the disease, and every sanatorium should be provided with a thoroughly-equipped hydro-therapeutic department.

(To be continued.)

## Nursing Echoes.

\* \* \* All communications must be duly authenticated with name and address, not for publication, but as evidence of good faith, and should be addressed to the Editor, 20, Upper Wimpole Street, W.



We understand that the Matronship of the North-Eastern Hospital for Children, Hackney Road, will be vacant at the end of the year, as the present Matron, Miss Curno, is retiring after twenty-five years' valuable service. Widespread regret is felt at her resignation, as she has always commanded the respect and affection of the nursing staff as well as the esteem of all those with whom her work has brought her into contact both on the medical and secretarial staffs. We hope that for many years Miss Curno will enjoy the rest which she has so well earned.

It is startling to learn, on the authority of the London County Council Medical Officer, that nearly one-fourth of the patients who die in county asylums are proved, by post-mortem examination, to have been suffering more or less from tuberculosis. This statement is important to nurses, because it has been demonstrated that in institutions concerned with the care of the sick the prevention of the spread of this dread disease is largely a matter of careful nursing, and it incidentally points to the necessity for the employment of trained and experienced nurses in asylums, who are conversant with the dangers to be guarded against, and who carry out prophylactic measures with conscientious thoroughness and scientific knowledge. The proper disposition of phthisical sputa, the thorough removal of dust, the provision of special spoons and forks for tuberculous patients—all these are matters of nursing detail, which can certainly affect the spread or the diminution of phthisis in proportion to the thoroughness with which they are carried out.

The City Orthopædic Hospital, Hatton Garden, E.C., has arranged a course of lectures to nurses during the winter session, October, 1902, to May, 1903, which will be delivered fortnightly on Fridays at 4.30 p.m., beginning with Friday, October 17th, and which, the Committee has announced, are free to all nurses. So many nurses know next to nothing of the nursing of orthopædic cases, that this courtesy should be valued. Mr. Noble Smith lectures on "Orthopædics," also on "The Care of Patients after Operation," and "Common Errors in

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